Welcome to Battalion Extreme for 2024!

We are excited about Battalion Extreme this year and are glad you will be joining us!

Our off-site camp activities for this year are flying a plane, white water rafting, rock climbing, and big guns. We have been praying that the activities will help you face and overcome your fears and increase your faith. We will be camping off-site for two nights. This will enable us to go white water rafting and possibly do some rock climbing/repelling. Because of the camping and additional special activities, you will need to have some additional items listed below. If you have any questions, feel free to contact the registrar or reach out to me (Bill Heidinger) my contact information is below. Email: wfheidinger@gmail.com

Cell Phone Number: (216) 407-7818 (call or text, just let me know who you are if you leave a message)

<u>Travel</u>

- 1. Bring a small bag of clothes with at least two changes of clothing, based on the weather. Also, don't forget a bathing suit and a garbage bag for dirty clothes.
- 2. You may want some money for snacks on the drive. Your money is your responsibility, so don't bring a lot of cash. (The rafting outfitter does sell some t-shirts and other things you may want to purchase when we are done rafting.)
- 3. Your travel bag will get checked and loaded in the trailer during check in.

<u>Camping</u>

- 1. Sleeping pad
- 2. Sleeping bag
- 3. Extreme has some tents for you to use. If you would like to bring a small backpacking tent or want to sleep in a hammock, feel free. If you provide your own tent or hammock, please make sure it has a rain fly! We have had some cool nights in PA so if you are sleeping in a hammock, you will want some type of insulation on the bottom of the hammock & a rain fly! Please let Bill know if you are bringing your own tent or hammock so he can make sure we have the correct number of tents.
- 4. Rain gear or poncho
- 5. Good bug spray with **tick** protection.

White Water Rafting

- 1. Bathing suit, t-shirt, towel, and change of clothes.
- 2. Sunscreen
- 3. Shoes that can get wet. You will want shoes that don't come off if you go into the river. Crocs and flip-flops are **bad choices.** (Old tennis shoes or water shoes are good.)
- 4. Straps for securing eyeglasses or sunglasses

We will be purchasing a CD with pictures, usually 3 to 4 pictures per boat, so you will not need to purchase one. I will be taking as many photos as I can. I will be uploading them to

<u>https://www.billheidinger.com/CSB/Extreme/Extreme-2024/n-VJ4hqg</u> Password is ext2024photos Download load the photos for free using the download button.

See you soon!

Dean, Steve, Pavel, and Bill

